THE CANADIAN NURSE

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ADDRESS OF WELCOME*

By Dr. G. H. Bowlby, Berlin.

Madam President and Graduate Nurses:

I fully appreciate the honour you have conferred upon me in asking me to address this Association. I consented to do so with a great deal of hesitation as I do not consider myself capable of conveying a message of either sufficient interest or worth to an organization of this importance. However, I can at least convey in all sincerity a most hearty welcome to Berlin.

This Association is to be congratulated on the selection of its title, the Canadian National Association of Nurses. We need make no apology when the word national causes us to swell with pride and to thank a kind Providence that destined us to be children of that great British nation that indulgently allows us—

"To be daughter in our mother's house,
But mistress in our own."

The title indicates an ambitious policy, and the title should, and I am sure, does indicate to every member that it is a privilege to be endowed with the advantages of this Association and to stimulate every member to do the very best possible.

We are making rapid progress in the Arts and Sciences. We of this decade are not entitled to all the credit of the remarkable advancement and improvements, for knowledge and wisdom are the offspring of past experiences; the advancements in science of this generation is but a superstructure built on a firm foundation of many years of experimental work.

Knowledge in itself is not sufficient, but there must be the practical application of knowledge which may be termed wisdom. Each generation gives birth to new ideas, and each generation brings forth a master mind to meet a pressing necessity. A mind not only capable of organization but a masterful mind, one that will down all difficulties, obstacles and adverse criticism. Such a mind had Lister, when single-handed he opposed the whole of his fraternity with his new idea of antiseptic treatment. He did not think it possible that the recognition of his work was so close at hand, for he said: "I do not expect my contemporaries to

* Read at Berlin Convention, May, 1913.

accept this doctrine, I look to the younger generation to adopt it." What Lister did for humanity we all know; but let me remind you what Lister did to make the modern hospital possible. Fifty odd years ago the operation of that day was amputation. The death rate in the large hospitals of Great Britain with skilled surgeons in attendance was 50 in 100 cases, that is every other patient died, and died as the result of septic infection—and every woman who entered a lying-in hospital crossed the threshold with one foot in the grave.

Sir James Simpson investigated the whole question very thoroughly and found that while in 2,000 amputations in large hospitals the death rate was one in two that in rural districts, the work of the country practitioner, not as experienced, and the patient not receiving the same attention, showed a death rate of only one in ten.

He said when he laid these statistics before the profession: "Do not these terrible figures plead eloquently for a revision and reform of our existing hospital system?" He strongly advocated abandoning the great hospital buildings and erecting colonies of cottages with one or two patients to a room and to have the cottages constructed of iron in such manner that they might be taken apart from time to time and thoroughly cleaned. Think of the cost of construction and the enormous cost of maintenance, to say nothing of the extra work and inconvenience to the nursing staff.

Lister demonstrated conclusively (in his own words) "That the exhalations from foul discharges are the essential source of the insalubrity of surgical wards and when this is effectually suppressed other conditions, which we are accustomed to regard as most pernicious, become powerless to produce serious evil." The hospital building was saved. It is difficult to imagine what form our hospital construction would have assumed without Listerism, possibly human ingenuity would have solved the problem, but never to the same satisfactory degree. The hospital building to-day is limited as to its size and accommodation only by the extent of the provision of sufficient number of cubic feet per patient.

The forgotten word "hospitalism," implying as it did, suppuration, gangrene, putrefaction and contamination, the bane of every surgeon and the dread of every patient is used only as a reminder of the gruesome past.

A hospital is a necessity to every large community, particularly to rapidly growing municipalities where housing and sanitation are not keeping pace with increase of population. In England 100 years ago three inhabitants in every four were born in the country, to-day this ratio applies to the cities, that is the cities are growing at the expense of the country.

In Canada although our yearly immigration runs into the hundreds

of thousands still, especially in the orlder Provinces, the tendency is towards the city rather than the country, and even amongst our own native born due to general prosperity, high wages, the attraction and glamour of city life, the farm is being deserted and the country depleted of its very best stock, and the cost of living is mounting higher and higher.

Someone said, it is not the high cost of living, but the high living that costs. Unfortunately to-day it is both, particularly the high cost of living with no prospects of relief. The inevitable result must be the crowding and crushing together in slums of the immigrant and escaped farmer, with insufficient and adulterated foods, contaminated atmosphere, exposure to disease with decreased resistance, increased sickness and physical degeneration for this and succeeding generations.

Look at Toronto to-day. Recently the Sanitary Inspector one evening visited nine houses in which 565 persons found sleeping accommodation. Here they were in their working clothes on the tables, in chairs, on the floor, as many as twenty in a room and often in the room in which food was stored, cooked, and eaten. It can scarcely be otherwise as long as land values are advancing and doubling at their present rate. Severe conditions require drastic treatment, and it is a question whether a heroic dose of hard times for a year or two would not have a tendency to restore the country to a healthier state and incidentally solve some of our pressing economic problems.

However, at present we are all optimists, we are perfectly sure of ourselves and the future, but nevertheless we are drifting. We have not found our level and I do not think we shall until we realize that our farm land is our greatest asset and until the growth of our cities and country reaches a fair ratio. Back to the land is not sufficient, but it must be back to the land on a scientific basis with a business appreciation of intensive farming by following in the footsteps of those teachers who are endeavoring to raise agriculture from a haphazard and medicore means of existence to a fine art.

We, and in that I include the two professions of medicine and nursing, so closely related, so dependent on each other, we may be classified by some as non-producers, but our work is of the greatest importance to every municipality.

In this intensely competitive age, the two factors that stood out most prominently are time and health. We are appealed to not only to restore health as speedily as possible, but to maintain the standard of health, and our advice is sought in all questions of hygiene, sanitation and pure foods, thereby assuring good work and more work with the least possible loss of time. How can our great and rapidly increasing industrial centres be supplied with abundance of fresh wholesome foods at reasonable prices unless a larger proportion go back to the land.

We are of necessity disciples of Eugenics that broad term that has to do with any measures that tend to the betterment of the race.

But as this is not only the extravagant age, the intensive age, but likewise the age of faddism, and as Eugenics may include anything and everything from votes for women to state control over matrimony, we must qualify our definition by stating that we are disciples of Eugenics in so far as the health of the nation is concerned.

We have heard much of the ideal life, the simple life, but practically we know little of it. Life has developed into a strenuous affair and that the most may be accomplished with the least possible loss of time conveniences have become necessities.

Beginning with the children our system of education is so convenient saving them the necessity of drawing their own conclusions and deductions. Our foods are so convenient, all ready canned and stored for immediate use, avoiding the necessity of preparation; gas, electric light and telephones in every household; trollies are so convenient, avoiding the necessity of walking; motors are also convenient, except the stench and dust they leave in their wake, newspapers and extra specials every hour telling everything that happens and a great deal more that never happens in a convenient form; and so on down through the day's work. Many of the conveniences to-day were not known or considered luxuries a few years ago, but what was judged then as a common necessity is now looked upon as a rare and priceless luxury, that is the willing and well-trained domestic.

Are all these conveniences to-day in the best interests of the health of the community, or do they not rather tend to rush and hurry and force us to lead the strenuous life even against our better judgment, and are they not in a large measure responsible for that large and ever-increasing class of complaints which may be generally summarized as nerves. All the conveniences of to-day allow us to accomplish so much more and live at such high pressure that we might stop and ask ourselves if all these conveniences are not rather a curse than a blessing to humanity. Increased responsibilities mean increased anxieties and worries. We might be helped over some of our trials and difficulties if we occasionally think of the remark of the elderly gentleman who said, "I am an old man and have had many troubles, but most of them never happened."

It would be rather impertinent for me to speak to this Association on questions of hospital management, hospital supplies or any of the questions of hospital economics, but there is one branch of the work to which more attention might be given with advantage, that is dieteties. Does the average Nurse after graduation give sufficient thought and care in the preparation of ordinary foods, to say nothing of special diets? The proper preparation of food for the ill and convalescent is far more

important than any other branch of nursing in the great majority of cases. And the serving of the food, the very sight of a dainty tray will often stimulate an indifferent appetite, and the estimation of the nurse is increased fourfold and a feeling of confidence is established that simplifies treatment for all concerned.

In the careful selection and preparation of foods the responsibility rests with the Nurse.

The Nurse in training here has one distinct advantage over her sister of the old land. There the large city hospitals admit charity patients only and the distinction between the classes is more marked than with

G. H. Bowlby, M.D., L.R.C.P., Lon., M.R.C.S., Eng.

us. Thus the nurse has not the opportunity of coming in contact with that class of patient that she will be called upon to serve after graduation. The nurse of the public ward has not the time to study individual peculiarities and cannot appreciate the many little details which may be nothing in themselves but mean so much to the patient. Be practical certainly, but surely the experienced Nurse finds diplomacy a powerful adjunct.

In an opening address one is permitted to wander far afield, still all questions that affect the hospital or Nurse, whether directly or indirectly, should be worthy at least a reference. It would be rather presumptuous for me to discuss in detail any question of hospital economics or questions that are of especial interest in the administration of your order. As we say in bridge, "I shall leave it to you."

THE CANADIAN NATIONAL ASSOCIATION OF TRAINED NURSES.

The Third Annual Meeting of the Canadian National Association of Trained Nurses was held in the Public Library, Berlin, Ontario, on May 21st, 1913.

The meeting was called to order at 10 a.m. by the President, Miss Mary Ard. Mackenzie, R.N. The invocation was offered by Rev. H. W. Crews, pastor of Trinity Methodist Church, Berlin. Mr. Crews then gave a brief address.

The President read a letter from ex-Mayor Schmalz, who was unable to be present, but sent greetings and best wishes for a successful meeting.

Dr. Bowlby welcomed the members of the Association on behalf of the Medical Association of Berlin and Waterloo, in a splendid address, which appears on another page.

Miss Masters, Secretary of the Graduate Nurses' Association of Berlin and Waterloo, voiced the welcome of the Nurses in a few well-chosen words.

The response to the address of welcome was written by Miss Alice J. Scott, R.N., Toronto, and read by Mrs. Paffard.

The President's address followed, which we reproduce here.

President's Address.

In presenting to you the address of the President of this Society for the year, I am confronted by such a volume of things that should be put before you that I have felt constrained to deal as briefly as possible with each one lest you weary ere my tale be told.

First, what has been done during the year? An effort has been made to bring before the various Graduate Nurse bodies the fact of the existence of this Association, of their relationship to it, the importance and possibilities of the organization and earnest requests have been made for suggestions as to what special lines of work should be taken up by the Society.

When we consider that this Canadian National Association of Trained Nurses takes into its ranks every Nurse from the Atlantic to the Pacific, from the American boundary to the Arctic Circle, no matter whether she be engaged in private nursing, hospital, district or Social Service Work, we are impressed with the great responsibility resting on us. And, too, to make it still broader in its sympathies, it is affiliated with the International Council of Nurses and so helps complete the ring which encircles the globe. There is much in a broad outlook.

In looking over the whole field of hospital and nursing work and nurse-training, I believe we cannot honestly say that we are satisfied.

Indeed we all feel that there is something radically wrong with the whole matter, and if we look deeper I believe that we shall find that what is wrong is lack of vision—lack of high ideals—without which we can be of no avail in any enterprise. We must look beyond, and press forward to those ideals and compel attention would we correct what is wrong with our whole hospital and nurse-training systems. And who is to have this vision, who is to hold to it, who is to compel it to become real? That, ladies, is your duty and your great privilege. Here we have come together to confer on how the sick and suffering may be best nursed back to health, or have their last hours eased, as much as may be, and greater even than that, on how to prevent much of the sadness, suffering and disease in the world to-day. Those objects should be at the root of everything we wish to bring about, should be the motive power of all our deliberations, would we accomplish what we desire.

I wish to put before you a number of suggestions for future consideration. First, Nurses as a body must express themselves would they fulfil their destiny. There are many people in this day of organization and philanthropic effort, who are prone to forget your existence while they tell of your exploits. The only way to prevent that is to speak for yourselves. Keep posted on all the big issues of the day, and find and take your place in them. An organization of all the trained Nurses in Canada bound together as one is a powerful force to reckon with, and may help to win many a battle for a good cause.

Secondly, I should suggest that a Committee from this Association be formed to look into the whole matter of nurse-training, to report on it and make suggestions as to improvements. This Committee, which should be very carefully chosen, should represent all the Nurses throughout Canada and should, also, have on it laymen and women who have ideals and know something of standards. It is necessary to have a Committee who will free their minds of traditions, face the real conditions in this country and point the way to the solution of the problem of how to obtain for every sick human being skilful and humane care and for the Student Nurses a well-balanced and truly educative course, which will permit the whole woman to develop along the very best lines. No longer should the question of expediency and expense hamper our work.

Thirdly, you are to have a special report on the question of the amalgamation of the Superintendents' Society with this Association. The ideal National Organization is one including all Nurses, but it seems advisable to have special sections for special lines of work. You will be asked for your opinion on this question.

Fourthly, the time has come when the District, Public Health Nurses and Social Service Workers should be organized nationally, and I trust before we adjourn that the preliminaries for such an organization may have been completed, and that by next year the organization

may be an accomplished fact, and may be amalgamated with this Association.

There are two special lines of work which seem to belong logically to this Association, viz.: "Registration" and the Organ of the Nursing Profession. Those two matters are of vital importance to the profession in Canada. Registration will not solve all our problems, but it is the first step. We have arranged for a session devoted to this subject, so I shall not go into details here about what the various Provincial Associations have been able to accomplish during the year, but I wish to point out that here we need to have vision, to look to the heights.

A certain Provincial Secretary—but you know the story!

As regards the Magazine, again we need vision—and we wish to emphasize this Society's responsibility to the *National Nursing Magazine.* When THE CANADIAN NURSE is the recognized organ of the Canadian National, it will be backed by the National, both sympathetically and financially. The Convener of the Publications' Committee is making a report, and deals with this subject fully, so I shall merely touch on it.

During the year the National Council of Women formed a "Standing Committee on Nursing," which was modified at the Convention a week ago by forming a Standing Committee on "Professions for Women," with a sub-committee on "Nursing." This Committee was asked for in the first instance by the Superintendents' Society. The idea of it is to have the Convener, who is a Nurse, of course, report on all matters pertaining to nursing throughout Canada—What is being done by Nurses East and West and so on. All questions affecting our profession should be brought before this Committee for information and advice. As for example, the introducing of mid-wives into the country. The National Council of Women is the large national organization of women, bound together for the betterment principally of women and children and should be a wonderful force in the Dominion. We have still to prove how helpful they can be to us as a profession, and how helpful we shall be permitted to be to them. But as a very important body of women we should have a place in the National Council and should be of great assistance to them in their activities. That is a matter for you to discuss.

And one final word: We are here for a purpose, let us do all in our power to make this Convention of the Canadian National Association one of the best in its history. Especially let all of our deliberations be marked by sanity, force and liberality.

MARY ARD. MACKENZIE.

The reports of the Secretary-Treasurer and of the different Committees will appear in full in the published report, which every Nurse in Canada should secure *and read.*

Miss DesBrisay, Montreal, gave a most interesting report of the International Congress of Nurses at Cologne, supplementing with her own experiences what had been prepared by Miss Rogers.

The report of the Publications' Committee was submitted by Mrs. Lyman, Ottawa. This is a very important report, and will appear in our next issue.

The afternoon session was devoted to the hearing of a number of splendid papers. Mrs. Paffard's paper, "The Value of Nursing Organizations to the Private Nurse," will appear in our next issue.

The discussion of this was led by Miss MeKenzie, Toronto.

Miss Phillips, President of the Canadian Nurses' Association, Montreal, gave a most interesting address on "Child Welfare," with a number of lantern views of the Child Welfare Exhibit held in Montreal in October, 1912.

"Post Graduate and Special Training for Administrative Positions" was the subject of a carefully prepared paper by Miss Gladwin, Cleveland.

After the discussion on this paper the meeting was adjourned to allow the visitors to take the delightful motor drive about the Twin Cities, which had been planned for their entertainment. Everyone was sorry that a heavy downpour of rain rendered the drive impossible.

The evening session was devoted to registration, "Four of the Phases of a Registration Bill" being the subject.

I. "The Educational Requirements for Admission into Training Schools." This paper was written by Miss Scott, New Westminster, B.C., and the discussion led by Miss Kirke, Halifax.

II. "The Appointment, Personnel and Duties of the Council" was the subject of the paper prepared by Miss Corbett, Montreal. The discussion following was led by Mrs. Fournier, Gravenhurst, Ont.

III. "Terms of Transfer." The paper on this division was prepared by Miss Neilson, Toronto. The discussion was led by Miss Stanley, London, Ont.

IV. "The Curriculum." Miss Bowman, Portage la Prairie, Man, prepared this paper, and Miss Crosley led the discussion.

The report of the Dominion Registration Committee was then submitted by the President who is the Convener. This report appears in full on another page.

The following resolution were adopted by the Association:—

1. That a Committee of nine be appointed by the Executive to look into the whole question of nurse training as suggested in the President's address, and that laymen and women be included.

2. That a Committee be appointed to deal with the question of

organizing the District Nurses, Public Health Nurses and Social Service Workers nationally.

3. That the Executive appoint a Committee to communicate with the Board of Directors of THE CANADIAN NURSE with a view to finding out what may be done to bring about what has been recommended in the report of the Publications' Committee.

4. That a Committee of not less than five be appointed by the Executive to draft a Model Registration Bill and present it to the various Provincial Associations for their report and to this Association for its approval next year.

5. That the Nova Scotia Graduate Nurses' Association and the Saskatchewan Graduate Nurses' Association be affiliated with this Association.

REPORT OF THE DOMINION REGISTRATION COMMITTEE.

The Dominion Registration Committee was formed at the instance of the Superintendents' Society, in 1911, but it seemed advisable to this Association to present this report to the Canadian National Association, as the Committee is in reality one representative of all the nurses in Canada. The members are:—

Mrs. Fournier, Miss Brent, Miss Mackenzie, from the Superintendents' Society.

Miss Neilson, from the Canadian National Association of Trained Nurses.

Miss Kirke, Miss Wrayton, from the Nova Scotia Graduate Nurses' Association.

Miss Colquhoun, Miss DesBrisay, from the Canadian Nurses' Association, Montreal.

Mrs. Paffard, Miss Crosby, from the Graduate Nurses' Association of Ontario.

Mrs. Douglas, Miss Catton, from the Ottawa Graduate Nurses' Association.

Miss Bowman, Miss Wilson, from the Manitoba Graduate Nurses' Association.

Miss Cooper, Miss Browne, from the Graduate Nurses' Association of Saskatchewan.

Mrs. Manson, Miss McPhedran, from the Alberta Graduate Nurses' Association.

Miss Wright, from the Graduate Nurses' Association of British Columbia.

It may be of interest to repeat what the plans of the Committee were as outlined last year:—"The plan of the Committee is to have representatives from each Province prepare the best bill possible for

that Province. When all these bills are prepared the Committee will take them, compare them, and from the nine will concoct a model bill, which will have all the good points contained therein and none of the bad ones. This bill will be the one presented to each Legislature and, when the last one has passed, we shall have Dominion Registration.

"This method commended itself to the Committee for a number of reasons: It will unite the Nurses from the Atlantic to the Pacific; that is very desirable, as in union is strength, and the interests of the Nurses from ocean to ocean being identical, there should be no artificial barrier raised. Then, too, our chances of obtaining a really good effective bill are better, when many minds are at work on it, and the various Legislatures are more likely to respect our requests, when they see that the profession united as to what they wish, than as though each little group presented a request absolutely different from that of another little group, and so on. And, again, to have a uniform bill insuring uniformity of standards for admission and for graduation throughout Canada would do away with much trouble and confusion in the future."

The Committee has not accomplished as much in the time as the more optimistic of us had hoped to accomplish. The reasons for this are various and will be given later.

During the year the Convener met a number of the representatives of the Nurse Associations, and, after discussing the whole situation, it was deemed advisable for the Nurses to rush their bills, in order to avoid any possibility of a block; as in Ontario.

All of the Provinces, excepting Prince Edward Island and New Brunswick, are at work, and the general interest is much keener than it was a year ago.

Nova Scotia has kept on with its good work, but has not as yet prepared a bill. A good deal of indirect work in improving training school conditions has been going on quietly, and we feel that Nova Scotia is better prepared now to carry a good measure than it was a year or so ago.

In Quebec the Canadian Nurses' Association have taken a forward step and hope to have their bill ready to present at the next session. They are endeavoring to form their Provincial Association, preparatory to presenting this measure.

In Ontario, Clause 18 in the Hospital Bill has had the effect of calling a halt to really active work. No Regulations-in-Council have been sent out by the Government, so the measure has proved a dead letter.

Manitoba has the proud distinction of being the first Province to secure a Bill of Registration for Nurses. Though the measure is in a degree disappointing to the Manitoba Association, still there are some excellent points in it. Chief of these is the University recognition, for

the more we ponder on the nurse-training situation the more convinced we are that real help must come through the highest educational force in the country.

Saskatchewan has not made much progress apparently, but an effort has been made to educate the Nurses as to the great need for registration. Arrangements are being made to have a short time devoted to the subject of registration at each monthly meeting of the Graduate Nurse Association. The Association decided that the bill drafted last year would have to be modified before being presented.

Alberta has made a good deal of progress. The Provincial Association was organized during the year and is incorporated. They held their first meeting, April 8th, when a Registration Committee was appointed to draft a bill and submit it to the Legislative Assembly of the Province. The Edmonton Association sent in a bill to this Committee early in the year, which will most likely be modified.

In British Columbia a good deal has been done since last year. The Provincial Association has been formed: "The Graduate Nurses' Association of British Columbia." They drew up a bill and presented it at the last session. Unfortunately it was laid over until next session. This was due to the fact that some of the Upper Country members felt their hospitals were being overlooked and, as the session was short, there was not time to correct this erroneous impression.

From what has been given, ladies, we believe you will agree with us that the Nurses throughout the country are deeply interested in the question of registration. Here we should like to make some suggestions. In carrying out the original plan of the Committee there has been certain difficulties experienced. First, the distances are great, so it is difficult to arrange for meetings of the Committee. Secondly, the Nurses are very busy women, and, consequently, letters are not always answered promptly and the loss of a week here and a week there brings us to the end of the year with very little to report.

It is of vital importance to the profession that there be some uniformity in standards, that the training, registering and so forth be the same fundamentally in all parts of Canada.

We should suggest that there be a Dominion Registration Committee and that this Committee draw up a model bill, a copy of which may be sent to each Provincial Association, and returned to the Convener with suggestions which may be further considered by the Committee and so a uniform bill may be arrived at. The Committee, however, urges on the Nurses to keep right along, moulding public opinion, agitating for really educative courses for student-nurses and for high standards.

Respectfully submitted,

MARY ARD. MACKENZIE, R.N., Convener

REPORT OF THE COMMITTEE OF AMALGAMATION.

In October, 1912, a Committee composed of the following members —Miss Hersey, Montreal; Miss Uren, St. Catharines; Miss Morton, Collingwood; Miss Flaws and Miss Snively, Toronto, was appointed by this Society (the Canadian Society of Superintendents of Training Schools for Nurses) to suggest some plan by which the various nursing organizations of our country might amalgamate.

The Committee begs therefore to submit the following:—The terms commonly used in this and other countries to express the consummation of the union of two or more societies are as follows:—

The word "affiliate" is from the Latin word "filius," a son, and when used in relation to societies, signifies to receive, to connect as branches.

The word "amalgamate" signifies to compound, to mix, to blend, to unite or combine into one mass or whole.

The words "federate" and "league"—the latter more frequently used in Great Britain than in this country—both signify a compact or association in common interests.

In this report, therefore, your Committee has taken the liberty of substituting the word, federation, as more nearly expressing the thoughts of the societies who look forward to a closer union of our various nursing organizations.

In its national scope and significance we have long ago learned that federation means a fuller service, and an ampler achievement in our separate tasks.

However much, therefore, one may feel disposed to deplore the tendency of the twentieth century to multiply, rather than diminish, the number and variety of its organizations, one must be prepared to accept the fact that federation does not, nor can it ever mean less work, either on the part of the individual member or the allied society, nor does it necessarily imply fewer organizations.

Just as our national army in service, composed as it is, of companies, regiments and divisions, depends for its efficiency upon its daily drill and discipline, so must the various nursing societies depend upon the earnest and faithful work performed from month to month throughout the year in the local association, if each be ready to contribute its part at the annual meeting of the federated societies. Such an organization at its annual meeting, holding the sessions concurrently, each discussing its own particular specialty in separate sections and presided over by its own chairman, would give to our profession a consciousness of solidarty such as it has not had heretofore. It would emphasize the thought that we are only divisions of one great army, with one common aim or purpose. It would do away with party spirit, which too often mars our best work, and enable us more efficiently and effectually to

cope with the ever changing conditions which confront us in this great country.

The Canadian National Society, therefore, with which nearly all of our nursing organizations are at present affiliated, need only make some slight changes in the Constitution and By-laws in order that such a consummation be realized.

The Constitution and By-laws of the Canadian Medical Society afford an excellent basis for our guidance on this work of revision.

In that Society all dues are paid into the central organization and from its funds the journal of the association is published. Why should we not emulate their example in this as in other particulars?

Should change of name be thought advisable that of "The Royal Canadian Nursing Association" may possibly be considered appropriate.

The name naturally suggests itself in view of the comparatively recent event enacted at Frogmore in 1909, by special permission of his late Majesty, King Edward VII. Moreover it would doubtless be an easy matter to secure the consent of His Majesty King George, to allow us the privilege of using the word Royal, more especially as we have always placed ourselves on record as an association whose loyalty is assured. In view therefore of the nature and extent of interests involved, your Committee would respectfully recommend that a carefully selected Joint Committee be appointed, composed of representatives from the several Provincial Societies, Superintendents and Canadian National Organizations.

This Committee (which should be allowed to secure legal assistance should it be desired) could make a careful study of the Constitution, By-laws and aims of the National League of Nursing, Education, American Nurses' Association, Canadian Medical and other similar organizations, and then recommend such amendments to the present Constitution and By-laws of the Canadian National Association as may be deemed necessary.

In the hope, therefore, that there may be given to each of us a deeper realization of the whole task set before us, a clearer understanding of its difficulties and problems, a fuller development of our resources, a truer conception of the dignity and scope of our work, together with a broader outlook and ever expanded sympathy, this report is respectfully submitted.

THE EIGHTH ANNUAL REPORT OF THE TORONTO CENTRAL REGISTRY OF GRADUATE NURSES

The eighth annual meeting of the Toronto Central Registry was held Thursday evening, June 5th, at the Nurses' Club, 295 Sherbourne Street, headquarters of the Registry. Miss C. Mitchell occupied the chair. Miss M. Ewing, Registrar, gave a report of the year's work, which shows the Registry to be in a most flourishing condition.

Miss Eastwood, convener of the Central Registry Extension Fund, read her report, also the Treasurer's report, in the unavoidable absence of Miss Crosby. Many needy patients received assistance from this Fund during the year.

After reports were received, everyone adjourned to the lawn, where dainty refreshments were served from a beautifully arranged table decorated with white and mauve lilacs. The lawn was resplendent with Chinese lanterns and the orchestra delighted all by rendering most enchanting music.

REGISTRAR'S REPORT

Madam President, Members of the Central
Registry, and our Guests:—

Twelve more months have rolled along since we presented our last annual report, and we are again called upon for an account of our stewardship, which I have pleasure in giving.

May 31, 1912, we had 408 members. Although 136 new names have been added since June 1, 1912, we close the year with only 430, which goes to show the changes that take place in the space of one year. Up to May 31, 1913, our membership list consisted of the following graduates: Toronto General Hospital, 128; St. Michael's, 47; Toronto Western, 40; Grace, 38; Riverdale Isolation, 22; American, 51; outside Canadian Hospitals, 44; from Training Schools in England, Ireland and Scotland, 24; St. John's, Toronto, 6; Hospital for Sick Children, 30.

The calls for the year totalled 3,678, showing an increase of 809 for the year. Of these 1,846 were personal. 36 patients received assistance from the Central Registry Extension Fund. The largest number of calls came in January and May, with a total of 372 each, the lowest in September, with a total of 236.

FINANCIAL STATEMENT

12 Months Ending May 31, 1913

RECEIPTS

Balance in banks June 1st, 1912		
Savings Account—Bank of Hamilton.....	$1,451.06	
Current Account—Dominion Bank.....	288.30	$1,739.36

Fees collected during year		$2,195.00	
Sales or charts and clips (averaging $5.78 per month)		69.44	
Interest savings acct. to May 31st, 1913		42.96	2,307.40
			$4,046.76
EXPENDITURES			
Office, salaries, rigistrar and assistants		$1,440.00	
Rent 12 months to May 15th, 1913, 2 rooms at club house		300.00	
Expense annual meeting, June, 1912, Catering	$32.00		
Chairs, etc.	4.75	36.75	
Telephone—Service to June 30th, 1913	69.00		
Long Distance tolls	5.68	74.68	
Advertising—¼ page "The Canadian Nurse" to June 30th, 1913	27.07		
Reader re rates "Mail & Empire"	4.88	31.95	
Printing, pads, reports, constitutions, etc		42.75	
Stationery and office supplies		51.30	
Postage		23.10	
Railway Guide, 12 months		5.20	
Audit, report and books 1 year to 31/5/12		15.00	
Stenographer—Services during Archer investigation		27.00	
		27.00	
Charts and temperature sheets		29.00	
Library Fund—T. G. Nurses' Club		105.00	
Subscription to Extension Fund per Miss Crosby		300.00	
Subscription to Social Service work per Miss Holman		25.00	
Flowers—Sick nurses and others		8.55	
		$2,515.28	
Balance in banks May 31st, 1913:			
Savings acct., Bank of Hamilton	$1,424.02		
Current acct., Dominion Bank	107.46	1,531.48	$4,046.76

The amount of overdue fees at this date appears to be $95.00.

I have examined the vouchers, cheques, bank books, cash book, and fee books of the organization and certify that above statement is in agreement therewith.

Toronto, June 2nd, 1913. T. W. ELLIS.
Auditor.

We have had considerable printing done this year. In the early Autumn, ballot slips were printed and mailed to each nurse, when a vote was taken on the raising of fees, which as you know was carried

by a large majority. Constitutions were reprinted and distributed, also charts, which are always available at a reasonable price. As in former years, we have had a number of positions to fill, nures having been sent through the Registry to Chicago, New York, Cleveland, Pittsburg, St. Louis, Edmonton, Regina; White Horse, Yukon Territory; and two leave this week for Revelstoke, B.C. A number have accepted positions in the city. Since our last annual meeting 40 have been married; our very best wishes accompany them.

Two of our members have been removed from scenes of earthly toil and trial.

Several have been seriously ill, but are now, we are pleased to be able to report, convalscent. To those who have borne the loss of dear ones we extend our heartfelrt sympathy.

Before closing, I would like to thank the members of our committee for their thoughtful kindness and faithfulness in attending as far as possible the regular monthly meetings, and the keen interest shown in all affairs of the Registry, to whom with our most estimable convener I am indebted for support and advice.

On behalf of our committee I wish to cordially welcome you here to-night, and trust that you will have such a really good time that you will often honor with your presence the Toronto Graduate Nurses' Club.

All of which is respectfully submitted.

MARGARET EWING.

PRIVATE MENTAL CASE—MELANCHOLIA.

Patient was a girl of about 21 years of age. The cause of the trouble was supposed to be disappointed affection. Treatment was given by a local doctor for run-down condition, for some time, but later, friends strongly advised to consult a mental specialist. However, this they would not consent to, believing that given improvement in general health, all evidence of mental impairment would disappear, with the result that they very unwisely allowed this depression to remain unchecked for nearly two years.

During this time the patient gradually became worse, suffering severely with headaches, constipation, loss of appetite and the inevitable insomnia. She also became very morose, sitting for hours at a time staring into vacancy and finally refused to exert herself to talk to anyone.

Things reached a climax one morning, when it was noticed that there was strong evidence of suicidal tendency existing. Patient having been caught in the act of preparing solution of match heads, and was only just prevented in time, from doing herself harm. After this experience

friends quickly consulted a mental expert, who ordered her removal to a quiet seaside resort, under the care of a mental nurse.

The doctor thought chances of recovery very remote, owing to delay in obtaining treatment, and advised her relatives to that effect. As the crib which was taken for our habitation was built facing a river, with the ocean to one side, and the bush directly behind, one can realize the opportunities afforded to one who was admittedly "tired of life," and the necessity for unceasing observation on the part of those in charge.

On the other hand, the beautiful surroundings, the fresh sea breeze, the delightful walks along the beach or through the bush, the songs of birds and all the beauties of nature, helped to soothe the distracted brain. At first we had much to contend with, in persuading our patient to walk, and to partake of food, she being fully determined not to do either. It was therefore necessary when out of doors to drag the patient along, but after two or three weeks this trouble became less marked.

With regard to second difficulty, we had to resort to forcible feeding for a time, but later on, owing, no doubt, to the constant outdoor exercise increasing the appetite, we were able to dispense with all artificial means of giving nourishment.

The treatment as carried out was as follows: Morning cold bath, daily attention to bowels, regular outdoor exercise, nourishing full diet, allowing plenty of fatty foods, free ventilation indoors, hot baths in evening to induce sleep—at the same time endeavouring to arouse the interest of the patient in things around her. Visitors were strictly prohibited. After the first few weeks the doctor advised us to occasionally go boating, and instructed us to allow patient control of rudder. Accordingly, one fine day, we proceeded to the wharf, and after all were safely seated in the boat, we took the oars, and asked our charge if she would attend to steering gear, which she did without a murmur, but we were more often on the sandbanks than in the water. At such times we would talk on with increased animation and evident unconcern, using the oars with vigour at the same time, and presently we would find ourselves in mid-stream once more.

Although not bearing on my subject, I may mention here, that in our anxiety for our patient's safety, we did not notice that the stern of the boat was heading downstream. This afterwards explained our rather serpentine mode of travelling. However, we were glad to again feel ourselves safe on terra firma.

In the evenings we usually had some music, or played indoor games, which gradually became of some slight interest to the patient, and she would sit and watch us. Although not yet endeavouring to speak to anyone, yet in other ways there were signs of improvement as her appetite was good, constipation cured, and sleep much more sound.

We were very fortunate in experiencing beautiful weather all the

time; this admits of our being out of doors continually. On one occasion we had tea on the verandah, after which we lingered outside till dusk came on, and presently the moon gradually rose, until it topped the hills and its silvery rays were mirrored in the river beneath. Immediately a boat glided upon the scene and with the noise of the distant rolling in of breakers, and the perfect calmness of evening, one could not but be impressed with the beauty of nature. As we stood there motionless, all gazing ahead, lost in admiration, my patient suddenly grasped my arm and said: "Oh, nurse, this is a beautiful world; I am glad I am in it." This was the first great sign of an awakening conscience, and these the first words spoken after a silence of a few years.

My friend and I experienced a thrill of pleasure, which we will not likely soon forget, as we realized the importance of this act on the part of our patient, and the deep meaning conveyed to us by her few words.

Gradually from this time recovery became very marked, and we were soon able to induce our patient to sing to us, play our accompaniments, or join in evening games. In this way we spent many happy hours, until the time arrived for her ultimate discharge, and it was with a feeling of great satisfaction that we finally left our charge with her relatives, radiantly happy and perfectly sane. Thus we see that what at first seemed so hopeless, was accomplished in three months' time by the combined forces of nature and science. Many years have passed since, and not has this patient ever had even a slight mental relapse.

L. G. in *Kai Tiaki.*

INFANTILE SPINAL PARALYSIS.

"The importance of the treatment of this affection by means of physical training has been greatly emphasized because of the fact that there have been several extensive epidemics of the disease in recent years, so that the management and care of these patients has become a very important matter in orthopedic practice.

This is an organic affection, one in which the anterior columns of the cord are invaded. The disturbance causes a direct interference with the power of locomotion—it is a motor paralysis. Fortunately, so far as the paretic element is concerned, the tendency is toward recovery or improvement. By the attention that can be given in training these patients, very marked improvement can be produced along two or three lines. First, the exercise of disabled groups of muscles tends to prevent their degeneration, and aids in a partial restoration of power. Then, again, other muscles can be used more or less in a substantial way, to take the place and perform the duties of those that were disabled. Finally, education of the higher nerve centres is an important factor. For such treatment, the most important variety of the various disabilities

which result from infantile paralysis, is that in which a complete paraplegia results—where both the lower extremities are completely disabled. The proportion of cases so seriously affected is not large, and yet the writer has had the responsibility of dealing with ten of such cases, in nearly all of whom the paralysis was complete. To report one such typical case will best serve, probably, to describe the treatment followed.

A. R.—A young women, 17 years of age, had had infantile spinal paralysis at 15. During the interval had never been able to stand or walk. Recumbent upon a couch, it was ascertained that all the groups of muscles of both limbs were completely disabled, so that there was no response to her will manifested in any muscular group. There had been no encouragement afforded in the case, but I did not hesitate to assert that the young woman could be trained to walk by the aid of braces and crutches. She commenced the gymnasium work at once, by the use of the trolley. The movements of the limbs, while thus suspended, is in no sense contradictory to the statement made above, that there was complete paralysis of the lower extremities. The movement, after the manner of walking, did not result from action of the muscles of the limbs themselves, but from forces exerted through the body muscles and arms as she pulled upon the ropes. This exercise is continued from day to day, gradually increasing. When it has been fairly well learned, then braces are employed, which extend from the boots to the top of the thigh, by which the knees are prevented from giving way under the body weight. Practice is continued until finally suspension is omitted and the patient has been trained to walk, aided only by crutches and braces. Having thus been started in the way of locomotion, the amount of improvement that may occur is indifinite, but in every case it is considerable in amount, partly because muscles which had been apparently completely paralyzed sometimes show some degree of recovery, but chiefly because the education of the patient continues, and through intelligent effort increased facility in movement will result.

Chorea.

Chorea is another affection, which is distinguished by very great inco-ordination of movement. At *l'Hopital des Enfants Malades,* Paris, numerous cures have been obtained in rebellious cases of chorea.

In simple chorea, when the child retains a certain measure of control over his movements, simple and rhythmical floor exercises done to command, serve as a sort of discipline for the nerve centers, to which little by little the members yield obedience, and the will gradually resumes its control over the muscles.

In more serious cases the disorder of movement is complete and the child is powerless to control, even in the slightest degree, the agitation of the limbs. In such cases treatment for four or five days is lim-

ited to general massage of all the muscles; then passive movements are undertaken.

The limbs are held quiet for a few minutes, and then passive movements are given methodically and rhythmically. At the commencement the will of the patient takes no part, or even sets up opposition. Then, little by little, it is felt that the exercised muscles form the habit of association, through the efforts readily induced by the operator. At first the will has but a feeble control over the muscular system, but little by little it seems to resume its function, and the frequency and disorder of the movements diminish in intensity. One case, which had become chronic, is here cited.

M. W.—A girl, thirteen years of age, had had well marked chorea, about two years previously. She was tall, poorly nourished, anæmic. The disordered movements had continued, had become less in intensity, but were quite beyond her control. She was subjected to the regular work of the gymnasium, along the lines just indicated, as far as possible doing her work in association with others in a class, numbering six or eight persons. Very soon there was a noticeable improvement in her general health. This continued until it became well established; but it was a period of more than six months before she had gained a mastery over the inco-ordination.

It has been the writer's observation that in chorea that has thus become chronic, a much longer period of time is required in order to give the patient control over her own movements. In cases of chorea of shorter duration I have seen marked improvement within a week, and complete return to self-control within six weeks after the commencement of treatment. Suggestion and example should be employed as consistently as possible. If a class of patients work together in rows, the choreic individual should be placed in the back row, so as not to excite the comment of those who are working with her, and so that she may, without embarrassment, follow the movements and example of those who stand before her. It is surprising how soon there is a ready and exact response to the words of command, showing that under the stimulus afforded, the will resumes readily its normal control. Of course, patients who are having an elevated temperature, or who have acute heart lesions, should be excluded from work in the gymnasium. Quite other treatment is then called for."—*The Canadian Journal of Medicine and Surgery.*

CORRESPONDENCE.

To the Editor THE CANADIAN NURSE:

Dear Madam,—Knowing that THE CANADIAN NURSE has a wide circulation among the medical and nursing profession, I would like to make an appeal on behalf of the Home Mission Hospitals of the Presbyterian Church in Canada for workers, both men and women.

During the past ten years the Presbyterian Church has been erecting hospitals in mining districts and foreign colonies, and carrying on medical missionary work in the outlying and needy places of our great North and West land. The growth of this work has been gradual, and the character, experimental. Much good has been accomplished through the efforts of consecrated Christian doctors and nurses, the results of which can never be fully tabulated. I am sending you, under separate cover, a copy of the Tenth Annual Report of the Women's Home Missionary Society, from which you can get an idea of both the volume and character of the work done in Canada by the W. H. M. S. We have inserted in your advertising columns of this number a request for workers, and sincerely hope it will be successful in bringing a response to this field of religious and humanitarian effort. Were I to paint a picture of the need it would reflect a life of sacrifice on the part of those who have in the past ministered to the sick and dying foreigners, strangers and immigrant amidst uncongenial surroundings, with inadequate equipment and unequal remuneration.

It is a great thing to be in at the making and building of a nation, and we in Canada have the glorious opportunity of being co-builders of one of the most richly blessed and highly favored lands in the British Empire.

I have written you, dear Editor, this letter as a sort of amplification of the advertisement, lest some of your readers do not scan the advertising columns of your valuable journal.

With kindest regards, believe me, faithfully yours,

(MRS. H. M.) JEAN KIPP,
Corresponding Secretary W. H. M. S.

Editorial

AMALGAMATION.

Though the amalgamation of the Canadian National Association of Trained Nurses and the Canadian Society of Superintendents of Training Schools for Nurses has been under discussion for two years, no decision has yet been reached. Many things have to be considered and from different points of view before a step that involves so much can be taken. Amalgamation means the loss of identity, and this surely is neither desired nor desirable.

The report of the Committee of the Superintendents' Society, presented by Miss Snively, the Convener, at the Convention at Berlin in May, puts the whole subject in a clear, thoughtful light and presents it in a broad, comprehensive manner. This report deserves the careful study of all interested, and should inspire some comments and further suggestions.

We will be glad to hear from any who may have a word to add on this important subject.

IMPRESSIONS OF SCHOOL NURSING.

It is the biggest and best work a Nurse can do. No work done with and for children is lost, even though results are not noticed immediately.

I grant the right sort of Nurse must take up the work and feel personal responsibility if results are to be obtained.

A School Nurse.

We would like to make "The School Nurse" page really helpful to those who are doing school nursing. To do this we need the co-operation of every School Nurse in Canada. Each can contribute a part. Do not think that because those things are commonplace to you they are uninteresting to others.

Help us to make this page worth while.

Will correspondents kindly send all communications to the Editor not later than the ninth of each month. Please write on only one side of the paper.

The Guild of Saint Barnabas

CANADIAN DISTRICT

MONTREAL—St. John Evangelist, first Tuesday Holy Communion at M. G. H., 6 15 a.m. Second Tuesday, Guild Service or Social Meeting, 4 p.m. Third Tuesday, Guild Service at St. John's, 8.15 p.m. Last Tuesday Holy Communion at R. V. H., 6.15 a.m.
District Chaplain—Rev. Arthur French, 158 Mance Street.
District Superior—Miss Stikeman, 216 Drummond Street.
District Secretary—Miss M. Young, 36 Sherbrooke Street.
District Treasurer—Miss F. M. Shaw, 21 Sherbrooke Street.

TORONTO—Nurses' Residence, H.S.C. last Monday 8 p.m.
Chaplain—Rev. F. G. Plummer, 6 Spruce Street.
Superior—Miss Brent, Hospital for Sick Children.

QUEBEC—All Saints Chapel, The Close. Guild service, fourth Tuesday, 8.15 p,m.
Chaplain—The very Rev. the Dean of Quebec.
Superior—Mrs. Williams, The Close.

Miss Bryce, Graduate of the Hospital for Sick Children, Toronto, who is nursing in Labrador in Dr. Grenfell's Mission Hospitals, writes most interestingly of her work about which she is very enthusiastic.

These excerpts from her letters will give some idead of the work:

"Christmas was a very busy season, and in between the actual nursing we kept rushing up to the storeroom to tie up warm mufflers, mitts, etc., for the patients, and down to the kitchen to make plum puddings and cake, and then we did a little decorating and had a splendid time packing the doctor off on a Romatik with the dogs to get the Christmas tree. The weather was simply ideal—bright and sunny with an unlimited amount of the clearest, whitest snow I have ever seen. On Christmas Eve the whole Mission staff—twelve of us—had dinner at the Grenfall's.

"We had a very grand dinner, with name cards drawn by the doctor—mine was myself and the X-ray machine, and we had just finished and were having a beautiful time around a blazing log fire when the

"Prospero" blew, and we hospital people had to leave in a hurry. It was a glorious moonlight night, and we drove out on a komatik over the frozen harbour to where the steamer was making great digs at the ice. It was just like fairyland to skim across the frozen sea drawn by nine lovely dogs, towards a great white ship all glittering with ice and snow in the moonlight. We only got nine patients, but we stayed up all night to attend to them and put the finishing touches to the tree and other preparations. Christmas Day was one mad whirl—first a big dinner for the patients, then our own, to which the Grenfalls came—this had to be hurried over as the whole family had to dress Santa Claus.

"The big waiting room was crowded with children from all around the harbour, and you can imagine their expressions when they saw coming across the harbour a beautiful sligh drawn by two real live reindeer, and in it a quite perfect fairy-story kind of Santa Claus in reindeer

The Hospital, St. Anthony, Labrador.

skins and glittering all over with genuine icicles. It is my one great regret that I was too busy to get a picture. He gave away the presents to a perfectly competent crew and then under their very eyes stepped into his sleigh and drove back over the harbour "straight to the North Pole," so they said.

"The dog drivers are perfectly fascinating and quite beyond my powers of description. I do wish I could give you an idea of the excitement of dashing along the most perilous paths with the huge dogs entering into all the fun and the driver yelling the most extraordinary language at them—they are driven entirely by sounds and some of these are too peculiar for anything. My last drive was along the edge of a frozen harbour with hills and trees on our right and on our left the ice

dotted over with islands of snow and ice like small bergs, and everything was the most wonderful shade of gold and pink under a setting sun. Later on, if we are not too busy, each Nurse in turn is to go out on the District for a month. I only hope my X-ray work won't prevent my going.

"I can't bear to think of leaving this place. I don't believe I shall be able to stay away one day longer than I have to. The 'lure of the Labrador' is a very real thing, I find.

"Just now I am on night duty. It is a gorgerous night with a full moon, and the icebergs in the silver light are like fairy palaces. I wander round like an owl, listening for the steamers, which are due any time now—one from the north, one from the south, and one from the

A patient leaving the hospital for a 20 mile drive home.

west coast. The whistles sound differently, now I can distinguish them, and it depends on the boat who I have to waken. Patients for the north; doctors and students for the south, and everyone for the west coast boat, which brings freight. As soon as the steamer blows the huskies (dogs which are seven-eighths wolf) begin to howl—they can't bark. First one begins and every beast on the island takes up the howl till the noise is deafening. These huskies are dangerous beasts and quite capable of eating their masters, so we don't pet them, but they are splendid beasts and driving with them is about the most fascinating thing in the world."

THE GRADUATE NURSES' ASSOCIATION OF ONTARIO

(Incorporated 1908)

President, Miss Bella Crosby, 41 Rose Ave., Toronto; First Vice-President, Mrs. W. S. Tilley, 56 George St., Brantford ; Second Vice-President, Miss G. A. Read, 156 John St., London; Recording Secretary, Miss Ina F. Pringle, 188 Avenue Road, Toronto; Corresponding Secretary, Miss Jessie Cooper, 30 Brunswick Ave., Toronto; Treasurer, Miss Julia F. Stewart, 12 Selby St., Toronto. Directors: Mrs. W. G. Struthers, 558 Bathurst St., Toronto; Mrs. A. H. Pafford, 194 Blythewood Road, North Toronto; Miss Mathieson, Riverdale Hospital, Toronto; Mrs. Mill Pellatt, 36 Jackes Ave., Toronto; Miss M. Ewing, 295 Sherbourne St., Toronto; Miss Eastwood, 206 Spadina Ave., Toronto; Mrs. Clutterbuck, 148 Grace St., Toronto; Miss Jean C. Wardell, R.N., 84 Delaware Ave., Toronto; Miss Eunice H. Dyke, City Hall, Toronto; Mrs. Yorke, 400 Manning Ave., Toronto; Miss G. L. Rowan, Grace Hospital, Toronto; Mrs. MacConnell, 127 Major St., Toronto; Miss Mary Gray, 505 Sherbourne St., Toronto; Miss J. G. McNeill, 52 Alexander St., Toronto; Miss C. E. De Vellin, The Alexandra Apts., University Ave., Toronto; Miss E. M. Norris, 82 Isabella St., Toronto.

Conveners of Standing Committees: Legislation, Mrs. Paffard; Revision of Constitution and By-Laws, Miss Dyke; Press and Publication, Mrs. Struthers. Representative to The Canadian Nurse Editorial Board, Miss E. J. Jamieson.

A number of requests for information has come in response to the advertisements that have appeared in different papers and magazines. Several papers, beside the *Telegram*, Toronto, have taken up the subject of short course and correspondence school. Among these are *The Spectator*, Hamilton, Ont.; *The Evening Citizen*, Ottawa. These papers have not only published articles that place before the public the facts as they are, but they have sought the opinions of prominent doctors and nurses and published the report.

This should certainly help materially in striking at the root of this evil—the exploiting of young women for commercial gain, and also to help make young women contemplating the study of nursing to do some serious thinking and seek the proper training if they wish to be members of this noble profession.

THE ALUMNAE ASSOCIATION OF THE HAMILTON CITY HOSPITAL TRAINING SCHOOL FOR NURSES.

President—Miss Coleman, 171 James St. South.
Vice-President—Miss Dressel, 58 Charlton Ave. East.
Recording Secretary—Miss M. E. Dunlop, 175 Charlton Ave. East.
Corresponding Secretary—Miss E. F. Bell, 274 Charlton Ave. West.
Treasurer—Mrs. Reynolds, 143 James St. South.
"The Canadian Nurse" Representative—Misss Bessie Sadler, 100 Grant Avenue.

Delegates to the annual meeting of the Graduate Nurses' Association of Ontario. Taken by Miss Sadler, Hamilton, at the Forest School, Toronto.

THE CANADIAN NURSES' ASSOCIATION AND REGISTER FOR GRADUATE NURSES, MONTREAL.

President—Miss Phillips, 43 Argyle Ave.

Vice-Presidents—Mrs. Petrie and Miss Dunlop.

Secretary-Treasurer—Miss Des Brisay, 16 The Poinciana, 56 Sherbrooke Street West.

Registrar—Mrs. Burch, 175 Mansfield St.

Reading room—The Lindsay Bldg., Room 319, 517 St. Catherine St. West.

Miss DesBrisay is visiting in Georgeville, Que.

Mrs. Burch, Registrar, is spending her holiday with her son in Portland, Me.

Miss Thompson has returned to the city.

Miss Hill is spending her vacation at Little Metes.

The Nurses of Montreal are publishing a Nurses' Directory, which will soon be ready for circulation.

Such help as we can give each other in this world is a debt to each other; and the man who perceives a superiority or a capacity in a subordinate, and neither confesses nor assists it, is not merely a withholder of kindness, but the committer of injury.—Ruskin.

There is a purity which only suffering can impart; the stream of life becomes snow-white when it dashes against the rocks.—Jean Paul Richter.

Out of suffering have emerged the strongest souls; the most massive characters are seamed with scars.—Chopin.

NATIONAL ORGANIZATION OF VISITING AND PUBLIC HEALTH NURSES.

At the Annual Convention of the Canadian National Association of Trained Nurses, held in Berlin, Ont., in May, a step of very great importance to Visiting Nurses was taken, when it was unanimously decided to form a Committee to work out plans for organizing the district and public health nurses and social service workers nationally.

Miss Eunice Dyke, Health Department, Toronto, was appointed Convener by the Executive. It is hoped that all nurses interested in this most important branch of nursing will give their enthusiastic support to this movement.

Organization is the watchword of progress to-day, and when all the Nurses from ocean to ocean, engaged in any of the branches of public health and social service work are banded together, what a force of good they will be!

This new national body once it is started will be the third national organization of Nurses in Canada, and will most likely be affiliated with the Canadian National Association. Next year the organization will be rounded out at the Annual Convention of that Association in Halifax, and, looking farther ahead, we expect it to give a very good account of itself at the International Meeting in San Francisco in 1915. Then Nurses will be assembled from all over the world and we shall be able to find out about the trials, the struggles and triumphs of our sisters from all corners of this planet. At that Congress, as in every Congress of Nurses to-day, much interest will be taken in the developments in visiting, nursing and social service work, and though Canada can contribute much, she can learn a great deal from the representatives from

other lands. We know we shall be very much richer after that Congress.

We wish, union, perfect, harmonious union, which bars out everything approaching to monopoly or narrowness.

Let us remember the first great Social Service Worker and learn from Him what should characterize our activities: Simplicity, force, harmony, beauty, and a charity that is broad enough to embrace the whole world.

The Victorian Order of Nurses for Canada offers a post-graduate course in district nursing and social service work. The course takes four months and may be taken at one of the Training Homes of the Order: Toronto, Ottawa, Montreal, Vancouver. For full information apply to the Chief Superintendent, 578 Somerset street, Ottawa, or to one of the District Superintendents at 206 Spadina avenue, Toronto, Ont.; 46 Bishop street, Montreal, Que., or 1300 Venables street, Vancouver, B.C.

HOSPITALS AND NURSES.

On the 24th of July, through the kindness of the Sisters of St. Michael's Hospital, the under-graduates spent a very pleasant evening on the Roof Garden of the Hospital, which was prettily decorated with lights and flowers for the occasion. Dainty refreshments were served. Such an enjoyable evening was spent that an invitation was extended to the Gradutes for the following evening. A large number responded, and a second evening was enjoyed by all.

Miss Power, Graduate of St. Michael's Hospital, Toronto, has moved her private hospital from College street to Yorkville avenue. We wish her increased success.

A meeting was held at the General Hospital, St. John's, Newfoundland, on June 7th, to discuss the formation of a Nurses' Association for Newfoundland. The Association was formed and the following officers elected:—

President, Miss Southcott; Vice-President, Miss Campbell; Secretary-Treasurer, Miss Bowden; Executive Committee, Misses Tuck, Redmond, Cullian, March. It was arranged to hold a meeting on the first Saturday of each month.

H. F. Gardner, Principal of the Ontario School for the Blind at Brantford, Ont., will be glad to get into touch with anyone needing instruction in this school. A good English education can be acquired, also

instruction in suitable trades. There is no charge for board, tuition or books.

Miss Mary Wilson, Graduate of Vancouver General Hospital, has accepted the position of Resident Graduate Nurse in charge of the Infirmary at the Braemar School for Girls, Vancouver, B.C. She will have complete supervision over the physical life of the girls and will have authority to modify or increase the usual physical exercises.

Miss Marion Fraser and Miss Wheeler, Graduates of the Vancouver General Hospital, have taken positions in the King's County Hospital, Seattle.

Miss J. Moore, Graduate of the Toronto Western Hospital, Class '09, has accepted the position of Assistant Superintendent of the Oshawa General Hospital.

The annual graduating exercises at St. Joseph's Hospital Training School, Port Arthur, Ont., were held July 24th. Five Nurses received their diplomas and medals: Misses Elsie Martin, Nora Ryder, Grace Hall, Stella Dolan, Clare Milway.

The beautiful grounds of St. Joseph's Convent adjacent to the Hospital were used for the occasion. As the five white robed Graduates, with five tiny flower girls, accompanied by the Superintendent of the Training School, left the Hospital to take their places in front of the platform, a march, played by Misses Fisher and M. Leigue, opened the programme, which consisted of addresses by Mayor Oliver, Mr. Hogarth, M.P.P., Mr. I. L. Matthews, Chairman. The diplomas were presented by Rev. Father Donovan, the medals by Dr. Beck. Musical numbers were rendered by Miss Hessin and Mr. Joe Hauley, and during refreshments music by Misses Freeman, McLeigue, C. Caset and Fisher.

The presence of Rev. Mother De Pazzi, of St. Joseph's Community in Toronto, was a great pleasure to the hospital authorities, and the many friends of this much esteemed Mother, who was the Supervisor of the Hospital at its foundation twenty-nine years ago.

Miss L. Regan, Superintendent of the Training School, St. Joseph's Hospital, Port Arthur, returned July 18th after a pleasant boat trip to Montreal and other Eastern places.

Mrs. M. B. Harvey, President of the Graduate Nurses' Association, Fort William, is camping at Silver Islet during the holidays.

The Summer months have been busy ones for the Club, the convenience of which is being shown by the number of guests who have enjoyed the privilege when passing through Toronto from many points in the States and Canada, and we are being asked what we ever did

without such a place. It is so lovely to have some place one knows they can come to without having to go to a hotel.

Early in the Summer the following announcement was sent out to many points in the States and Canada:—

The Toronto Graduate Nurses' Club is open for transient guests to all members of sister organizations, when recommended and introduced by a member of the Club. Rates:—Room, $1.00; Breakfast, 35 cents; Lunch, 35 cents; Dinner, 50 cents.

M. A. MACKENZIE, R.N., Superintendent.

Among the guests at the Club have been:—Miss Powell, Superintendent University Hospital, Minneapolis, Minn., and the Misses Powell, of Norfolk, Va., en route to Saguenay, Que.; Miss Ferguson, New York; Miss Bell (H.S.C., Toronto), Chicago, Ill.; Miss Ovens (T.W.H.), Louisville, Kentucky; Miss Clarke, Victoria, B.C. Mrs. Bowman, Berlin and Waterloo Hospital, Berlin, Ont., was a guest for a few days.

Dr. M. T. MacEachern, of Montreal, who has recently been appointed General Superintendent of the Vancouver General Hospital, will take up his duties the first of August.

The regular monthly meeting of the Victoria Nurses' Club was held August 4th, at 3 p.m., in the Alexandra Club. The President, Miss E. H. Jones, in the chair.

Minutes of the last meeting were read and adopted. Two dollars was voted for the Women's Council Rest Room during Carnival Week. Two new members were accepted, Miss Norcross and Miss Ferguson.

Miss Norcross has been an active member of the Vancouver Association. We all feel pretty proud of having her with us.

On the adjournment of the meeting tea was served in the ball room of the Club by the Local Council, and was enjoyed by all. The good wish was expressed for their success during the coming week.

Miss Turner is to have a much needed rest at Cowichan Lake.

Miss Mable Brown, Graduate of the G. and M. Hospital, Collingwood, is holidaying with her mother at the Soo.

Miss Jean Carr, Graduate of the G. and M. Hospital, Collingwood, is spending her holiday at Grand Bend.

Miss M. M. Redmond, Graduate of the Collingwood G. and M. Hospital, Class '00, who has been spending her holidays at Niagara and Toronto, spent a few days in Collingwood en route for Owen Sound, where she will resume her duties as Superintendent of Owen Sound Hospital.

The Board of the City Hospital, Regina, Sask., are preparing to build a large addition to the Hospital, also to build an Isolation Hos-

pital. The plans have been approved, and the work will be proceeded with at once.

Prince Albert, Sask., is going to look well after the health of its babies and incidentally that of all its citizens, by having a pure milk supply. The Prince Albert Creamery Company is building a creamery and dairy to cost $50,000, equipped with the most modern machinery, and to be still more sure, they are supplying to farmers near the city who wish to co-operate, cows that are free from any suspicion of tuberculosis.

The Graduating Exercises of the Class of 1913 of the Berlin and Waterloo Hospital, took place on July 14th on the lawn. The lawn was beautifully decorated and wired for the occasion and presented a most attractive appearance. Mr. J. B. Hughes, President of the Hospital Board, presided, and gave the opening address. Dr. T. H. Callahan addressed the Graduating Class, concluding his address with these words:

"You, as you enter the home of sickness, of death or of life, as it may be, carry with you opportunities, power and influence next to the spiritual adviser, yes, you may gain admission to heart and soul where he may not be able to.

"Or have you in your heart that which you may or might have opportunity to impart? Do you know the Lord, the Saviour of Mankind?

"Impart advice and wholesome instructions where you can, not fearing that you may be giving the laity too much knowledge, you will find them very appreciative. How good it is to lead a soul into the way of life and blessing.

"Be yourself an example of a good, strong, loving character, comfort the bed of languishing, cheer the broken hearted, support the weak, minister to the erring from your own true, strong character, and God will bless your noble self-sacrificing life."

Rev. Marcus Scott, D.D., administered the Florence Nightingale Pledge to the Graduates, after which they were presented with tastefully framed copies of the pledge.

Mr. Hughes presented the diplomas, and Mr. C. H. Mills, M.P.P., the medals.

Mrs. A. J. Gabel, President of Ladies' Hospital Auxiliary, made the presentation of the Superintendent's Gold Medal, which went to Miss Ballard, for general proficiency in theory and practical work, as well as conscientious discharge of duties throughout her three years' training.

The silver medal was presented to Miss Klippert for general proficiency in theory and practical work, as well as conscientious discharge

of duties throughout her three years' training. The presentations were made by Rev. Dr. Scott.

Miss Breakey and Miss Stewart were presented with prizes. Miss Jessie Bruce, President of the Young Women's Auxiliary, making the presentations. The results for the different prizes were all signed by the Training School Committee, who had examined them.

The Nurses in training presented the Class with a magnificent basket of flowers. There were also flowers from the Ladies' Auxiliary for the different Graduates, as well as those which the friends of the Class donated. Presentations of flowers were also made to the Superintendent and Assistant Superintendent by the Ladies' Auxiliary, Dr. Callahan, Dr. and Mrs. Honsberger and Mrs. Janzen.

Others who spoke briefly were Dr. Hett, Mr. C. H. Mills, M.P.P., Dr. Honsberger and Dr. Towers.

Refreshments were served by the Ladies' Auxiliary and the Young Women's Auxiliary. Excellent music was rendered during the evening by Starnman's Orchestra.

The Graduates are:—Misses Arminta Ballard, Laura Breakey, Christina C. Klippert and Emma C. Stewart.

The closing of the season has been a busy period for the Club, and the "first winter" will be one to which we can look back with much pleasure. The beautiful tea given by the Toronto General Hospital Alumnae Association was a fine opportunity for bringing together all the graduates. Miss Snively and Miss Stewart presided at the tables. Let us hope the tea will be an annual affair.

The anniversary of the opening of the Club was celebrated by a Musicale, when a large number availed themselves of the opportunity of hearing a delightful program. We were much indebted to the artists, Mrs. Woodland, Miss Dolan, Mr. Arthur Liethauzer, Mr. Talbot Short and Mr. Paul Hahn. Refreshments were afterwards served, the table being beautifully decorated with apple blossoms. Mr. and Mrs. J. Ross Robertson were among the guests, and it is both a pleasure and an inspiration to the members to see the interest and pleasure evinced in the Nurses' pleasure by this generous couple.

Teas in honor of Miss Killaly, H.S.C., Toronto, whose marriage has since taken place, were given by Miss Panton and Misses Potts and Kinder. The bride-elect was charming, and most gracefully received the good wishes showered upon her.

Many Nurses are taking advantage of the opportunity of the afternoon tea on Sunday.

Miss Kirke and Miss Pemberton, of Halifax, were guests at the Club during their stay in town for the T.U.A.O. meeting. Miss Phillips, of Montreal, was also a guest.

It was a great privilege for us to have Miss Crandell, of New York, at the Club during her stay in Toronto. Her personality was charming and we hope she may be with us again.

The Saskatchewan Graduate Nurses' Association held its last regular meeting for the season at the home of Mrs. E. J. Newton, Regina, on May 13th, when fifty members were present. Eight new members were added to the list.

A short address on the work being accomplished by the Department of School Nursing in Regina was given by Miss Jean E. Browne.

The meeting was also the occasion of a shower for Miss Goodhead, a pupil nurse of Regina General Hospital, who is obliged to discontinue her work for a time owing to ill-health.

After the regular business was concluded refreshments were served, Mrs. Newton being assisted by Mrs. Armstrong

The meeting was honored by the presence of Mrs. Brown, of Government House, who is the Patroness of the Association.

Miss H. O. Pagan, a nurse at Modderfontein, South Africa, is the winner of a competition set by the Rhodesian Eisteddfod for a South African National Anthem.

God bless and keep our land
When foes against us stand,
Do Thou with righteous hand
  Our strength maintain.
God bless each heart and home
In town and veldland lone,
And those in wilds unknown,
  Protect, sustain.
Lest we should tend in vain
Our herds, our flocks, and grain.
Send Thou in season rain
  With bounteous hand.
Bless with Thy love and fear
Statesmen and pioneer.
Draw Thou in mercy near
  Our chosen land.

There were competitors from South Africa, Great Britain, Australia and Canada.

The King held an investiture at Buckingham Palace recently, at which Miss Elizabeth Holley, who is a Nurse, and appeared in her professional costume, was decorated with the Albert medal of the second class, His Majesty, pinning on the medal and cordially shaking hands with her. On Nov. 22 last, Miss Holly was on the platform of Box sta-

tion with a patient, who was afflicted with suicidal mania, when, just as an approaching express train passed the signal box, the patient jumped on the line. Miss Holley at once jumped down and tried, unsuccessfully, to drag her out of the way, hardly getting clear herself as the train struck and killed the patient. Miss Holley was uninjured, but had a very narrow escape, the train actually tearing the cuff off her dress.

Sir John M. Gibson, Lieutenant-Governor of Ontario, officially opened the new wing of the Berlin and Waterloo Hospital on Saturday afternoon, April 5th, 1913. The attendance of residents of the vicinity was very large, and in his address Sir John Gibson complimented the board of the hospital on the excellence of the equipment. J. B. Hughes, president of the board of governors, presided, and addresses were delivered by prominent men of both Berlin and Waterloo.

The Washington State Association of Graduate Nurses and Hospital Superintendents' Society held their annual convention at Tacoma on June 12th and 13th, when there was a large attendance. Papers and discussions showed progress in all branches of nursing activities. The next meeting will be held in Spokane. The new officers are: President, Miss Lucy I. Pringle, R.N., Superintendent Minor Hospital, Seattle; secretary-treasurer, Miss Lillian Carter, R.N., Superintendent Orthopedic Hospital, Seattle.

St. Michael's Hospital was "en fete" on May 28th, when the largest graduating class in the history of the institution received diplomas and medals from the hands of His Grace Archbishop McNeil. Dr. Dwyer presided. A large gathering of the profession was present, also many friends of the graduates. The room in which the reception and presentations took place was prettily decorated with the school colors. Refreshments were served in one of the large rooms in the new wing.

The graduates were the Misses Marion Duck, Toronto; Elizabeth A. Moloney, Powassan; M. Aloysia Hurley, Marden; Francis W. MacMahon, San Jose, Cal.; Mary Pickett, Weston; Dora Aylward, Toronto; Amelia M. Venini, Oshawa; Anastatia O'Brien, Stratford; Josephine Rush, Toronto; Mary Bell, Blythe; Gertrude H. Burke, Kingston; Gertrude Gibson, Campbellford; Winnifred Rame, Toronto; Laura K. Macleod, Hamilton; Marie Ballantyne, Markham; Agatha M. Quinn, Barrie; Margaret E. Pickett, Owen Sound; Kathryn Ryan, Alliston; Anna Lajoi, Cobourg; Helen I. O'Boyle, Brechin; Mary C. McIlroy, Dorset; Gertrude Duffy, Toronto; Marie Clancy, Peterboro; Florence Conlin, Toronto; Margaret E. Sullivan, Toronto; Agatha Kelly, Toronto.

His Grace, after distributing the diplomas, said a word of encouragement, advised the nurses to practice their profession with dignity

and refinement and always to cultivate the quality of sympathy, which otherwise the routine of their work might obliterate. Drs. Silverthorne and Uren, Rev. Dr. Kidd, Rev. Father McGraw and Rev. Father Cline, and Mr. Matthew O'Connor added further commendation.

The Graduation Class attended the Royal Alexandra Theatre, followed by supper at McConkey's the same evening.

The Alumnae postponed the election of officers until the meeting in the fall, owing to the absence of our President and Vice-President, both being absent on account of illness. The meeting was held at the "Club."

The many friends of Miss Ida Coulson will regret to hear of her death. She recently underwent a serious operation, and was convalescing at the Rest-Home, Palmerston Boulevard, when the end came on June 3rd. The remains were taken to her home at Mount St. Louis. She was a graduate of the Class of 1900. The Alumnae had the Holy Sacrifice of the Mass offered for her at St. Michael's Hospital.

Miss Elizabeth Ross Green and Mrs. F. H. Schmidt were at Berlin, Ont., representing St. Michael's Hospital at the convention.

Victoria, B.C.—On Monday, May 5th, the regular monthly meeting of the Victoria Nurses' Club was held, Miss E. H. Jones, President, in the chair. After the routine business was disposed of, the report of our annual Easter dance was read. The dance was a social and financial success, the receipts amounting to over five hundred dollars, expenses about two hundred, leaving three hundred and thirty seven dollars to add to our funds. A lecture was given by Dr. Houghton on "Adenoids," which was most interesting and instructive. After a vote of thanks was tendered Dr. Houghton, all repaired to the tea room, where a social cup of tea was enjoyed, ere the meeting adjourned.

Miss Swan has been appointed the first school nurse for Victoria.

The many friends of Miss B. Keast will be pleased to know that she is recovering from a major operation, at the Seattle General Hospital.

Miss Kennedy and Miss Marshall have resigned from V.O.N., Victoria. Miss Kennedy is enjoying a well earned holiday. Miss Marshall became the bride of Mr. A. Gregg in April. Miss Folger and Miss Barker have been appointed to fill their positions.

The monthly meeting of the Victoria Nurses' Club was held on Monday afternoon, June 2nd, with a large attendance. After the routine business, an interesting lecture on "Bacteriology" was given by Dr. Bapty. Miss Morrison and Miss Williams are to represent the club at the annual meeting of the Graduate Nurses' Association of British Columbia, at Vancouver.

Miss Grace S. Smith is recovering from an operation for appendicitis, at the Provincial Royal Jubilee Hospital, Victoria, B.C.

Miss Clarke has gone for a six weeks' visit to some of the eastern cities.

The new Nurses' Home in connection with the Vernon Jubilee Hospital, Vernon, B.C., was opened on April 17th. A large number of citizens inspected this commodious, tastefully furnished home, so beautifully situated among the big pines. The sitting rooms are a delight, and each nurse has a separate room. The nurses are to be congratulated on their cosy, home-like quarters.

The new eighty bed wing of the Brantford General Hospital is well under way, and will be completed in the early autumn.

The present building will be remodeled for private wards, children's wards, and a large maternity ward with all modern appliances.

Instead of the present bell system in the wards, the new flash signal system for calling nurses will be installed.

When completed there will be accommodation for one hundred and fifty patients.

The regular monthly meeting of The Toronto Central Registry, was held in the Registry office, 295 Sherbourne St., Monday, May 5, at 3 p.m. Miss C. A. Mitchell, Convener, occupied the chair, and eight members were present.

Registrar's Report showed:—Total number of calls for April, 322; Registry extension cases, 2; visiting cases, 2; fees received in April, $130; received from sale of charts, $5.40; disbursements, $256.65. Eleven nurses joined the Registry in April; six applications were considered by the Committee, four of which were accepted.

The regular monthly meeting was postponed until Friday, July 11th, on account of the Convener and several members of the Committee being out of town. Total calls for June were 380. Total balance in bank, $1,431.33. Eleven Nurses joined Registry in June. Six applications were considered, three of which were accepted.

The Board of the King George Hospital, Winnipeg, are building a beautiful Nurses' Residence.

The Edmonton Graduate Nurses' Association meets the third Wednesday in each month. After the business is transacted this month the members will enjoy a social cup of tea. There are 110 members.

Miss Wyatt has been called to Vermillion professionally.

Miss Covey, of Toronto, reached Edmonton safely, and is assisting Miss Deacon, V. O. Nurse on the district.

Miss Spears, who has had charge of the South Edmonton district

work, has resigned, and will take up private work in the city, Miss Andrews succeeding her.

Miss M. Black, of Vancouver, B.C., is here spending the summer with her sister, Mrs. McDonald.

"Acting upon their own initiative, and entirely at their own expense, members of the State Nurses' Association of Missouri have made a social survey, extending over many months, of the conditions of prisons, almhouses, and other institutions conducted by the State. In the pamphlets now published with the aid of the association's funds the antiquated and dehumanising systems prevailing in these institutions have been set forth in a most startling manner. Also, in order to awaken the citizens to a proper sense of responsibility for this state of affairs, the nurses are sending round lecturers to hold public meetings in various towns and cities in the State, who give graphic and eye-opening descriptions of the way the institutions are managed by State officials."

Victoria Hospital, Fredericton, N.B., is to have a new wing that will cost about $15,000. Plans are under consideration.

The Johns Hopkins Hospital, Baltimore, Md., has engaged Miss Julia Dahlquist, of Minneapolis, and Mr. Franz W. Ruthenberg, of Buffalo, N.Y., both Graduates in the Swedish System of Massage, Gymnastics, Electro- and Hydro-Therapy, from the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., Phila., to give the mechanical treatments in the newly opened Phipps psychiatric clinic, and to instruct the nurses in training in the branches mentioned.

Miss Kathleen McGarry, Graduate of the Reynolds Memorial Hospital, Glendale, W. Va., and of Dr. Venning's Sanitarium, Charleston, W. Va., and a recent Graduate of the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., Phila., has been placed in charge of the mechanical department of the Fairbury Hospital, Fairbury, Ill.

Mr. Edward W. Marion, Jr., a recent Graduate of the Penna. Orthopaedic Institute and School of Mechano-Therap, Inc., Phila., has been engaged for the mechanical department of the General Hospital of Lancaster, Pa.

Mr. Peter C. Fitzpatrick, of Phila., a Graduate of the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green St., Philadelphia, has been placed in charge of the Hydriatic Department of the Jewish Hospital, Phila.

Miss Anne Lynch, Oakland, N.J., a Graduate of the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green Street, Phila., has been engaged for treatment of patients in the mechanical department of Galen Hall, Atlantic City, N.J.

Miss Etta B. Propst, Corliss, W. Va., Graduate of the Baltimore

City Hospital, and of the McKendrec Hospital, also a Graduate of the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., Phila., has been placed in charge of the mechanical department of the Barber Sanatorium and Hospital, Charleston, W. Va.

Miss Marie B. Culver, of Philadelphia, Pa., has been placed in charge of the Hydriatic department of the Jefferson Hospital, Phila. Miss Culver is a Graduate of the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., Phila., Class of 1913.

The Norwegian Lutheran Deaconess Home and Hospital, Chicago, Ill., has sent Sister Ragna Nord to take the full course of the Swedish System of Massage, Medical and Corrective Gymnastics, Electro- and Hydro-Therapy at the Penna. Orthopaedic Institute and School of Mechano-Therapy, Inc., 1711 Green Street, Phila., preparatory to instructing the nurses in training, and operating the mechanical department at that hospital.

The following graduates of the Pennsylvania Orthopaedic Institute and School of Mechan-Therapy, Inc., Phila, in the Swedish System of Massage, Gymnastics, Electro- and Hydro-therapy, have been placed in charge of mechanical departments at hospitals and sanitoria.

Miss Louise K. Harris of Phila, Pa., as official masseuse of the Norfolk & Western Railway Co., with headquarters at Roanoke, Va.

Miss Lula Fields of Jacksonville, Ill., at the State Hospital in Kankakee, Ill.

Miss Lillian M. Smith of Sicklerville, N.J., at the Bloomingdale Hospital, White Plains, N.Y.

Miss Florence V. Dunniek, of Harrisburg, Pa., at the State Hospital, Harrisburg, Pa.

Miss Marry H. Hamer of Zanesville, Ohio, at the Colfax Rest Home, Colfax, Iowa.

Miss Ann Lynch of Oakland, N. J., at the Bushill Sanatorium, Philadelphia, Pa.

Mrs. E. R. Hatfield, a graduate of the Highsmith Training School, Fayetteville, N. C., also a graduate of the Pennsylvania Orthopaedic Institute and School of Mechano-Therapy, Inc., Phila, in the Swedish System of Massage, Gymnastics, Electro- and Hydro-therapy, has purchased the Central Carolina Hospital. The same is at the present time being equipped for modern Physiological Therapeutics.

Tyra Gowenius, Graduate of Dr. Arvedon's Gymnastic Institute, and of Kjelberg Massage Institute, Stockholm, has been added to the list of instructors for Medical and Corrective Gymnastics at the Pennsylvania Orthopaedic Institute and School of Mechano-Theropy, Inc., Phila. Miss Gowenius also pursued studies in Pedagogics at the Royal Central Gymnastic Institute, Stockholm, and is in charge of the Orthopaedic Clinic of the Widener Memorial Home, Philadelphia.

MILITIA ORDERS

No. 346—Prohibition of the Use of the Red Cross.

Public notice is hereby given that on and after the first day of May last, the Geneva Convention Act, 1911, passed by the Imperial Parliament, came into force in Canada, and that under this Act, it is not lawful for any person to use for the purpose of trade or business, or for any other purposes whatsoever, without the authority of the Militia Council of Canada, the heraldic emblem of the Red Cross on a white ground formed by reversing the Federal Colors of Switzerland, or the words "Red Cross" or "Geneva Cross," and that under the said Act any person contravening the above provisions is liable to a fine and forfeiture of any goods upon or in connection with which the emblem words are used.

Dated at Ottawa, this 23rd day of June, 1913.

MARRIAGES.

MACDONELL—KIMMETT—At St. Catharines, Ont., on June 25, 1913, Rose Mary Kimmett, Graduate of St. Michael's Hospital, Class '03, Toronto, to Mr. John Miles Macdonell, of Toronto.

ROWNTREE—MELLISH—On July 16th, at Christ's Church, Deer Park, Toronto, by Rev. T. W. Patterson, Miss Mary Mellish, Graduate of Toronto Western Hospital, to Mr. George E. Rowntree.

BIRTHS

Brigger—On April 16th, 1913, at Queen Alexandra Wing, Hamilton City Hospital, to Mr. and Mrs. C. H. Brigger, a son. Mrs. Brigger (nee Edith Glass) is a Graduate of H. C. H. Class '08.

McGuire—On May 31st, 1913, to Mr. and Mrs. W. H. McGuire, Hawthorne Ave., Toronto, a daughter. Mrs. McGuire (nee Miss MacNevin) is a Graduate of St. Michael's Hospital, Class '04.

Law—On April 15th, 1913, at Ottawa, to Mr. and Mrs. R. Law, a son. Mrs. Law is a Graduate of the O. G. Hospital.

DEATHS

Honey—Miss Helene Honey, Graduate of Grace Hospital, Toronto, Class '10, died suddenly after a very short illness, on May 24th, 1913.

Coulson—Miss Ida Coulson, June 3rd, 1913, Graduate of St. Michael's Hospital, Class 1900.

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See "British Medical Journal," Sept. 16th, 1911.

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The Graduate Nurses' Association of Ontario.—President, Miss Bella Crosby; Rec. Sec., Miss I. F. Pringle, 188 Avenue Rd., Toronto.

The Victorian Order of Nurses.—Miss Mackenzie, Chief Superintendent, 578 Somerset St., Ottawa.

The Guild of St. Barnabas for Nurses.

The Brockville Graduate Nurses' Association.—President, Mrs. V. A. Lott; Sec., Miss M. Ringer.

The Collingwood G. and M. Hospital Alumnae Association.—President, Miss Knox; Secretary, Miss J. E. Carr, Collingwood.

The Calgary Graduate Nurses' Association. — President, Miss McPhedran, General Hospital; Secretary, Miss E. C. Templeton, 511 2nd St. W.

The Edmonton Graduate Nurses' Association.—President, Miss Mitchell; Secretary, Mrs. R. W. R. Armstrong.

The Ottawa Graduate Nurses' Association. — President, Miss Grace Moore; Secretary, Mrs. Hawkins.

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The Montreal General Hospital Alumnae Association.—President, Miss Ethel Brown; Cor. Secretary, Miss Ethel Lee, 318 Grosvenor Ave., Westmount.

The Montreal Royal Victoria Hospital Alumnae Association. — President, Miss Grant; Secretary, Mrs. Edward Roberts, 135 Colonial Ave., Montreal.

The Ottawa Lady Stanley Institute Alumnae Association.—President, Mrs. C. T. Ballantyne; Sec.-Treas., Mrs. J. G. Smith.

The St. Catharines G. and M. Hospital Alumnae Association.—President, Mrs. Parnall; Secretary, Miss E. M. Elliott.

The Toronto Central Registry of Graduate Nurses.—Registrar, Miss Ewing, 295 Sherbourne St.

The Toronto General Hospital Alumnae Association.—President, Mrs. Feeny; Cor. Sec., Mrs. N. Aubin, 78 Queen's Park.

The Toronto Grace Hospital Alumnae Association. — President, Miss L. Smith; Secretary, Miss I. Sloane, 154 Beverley St.

The Toronto Graduate Nurses' Club.—President, Miss Brent, Hospital for Sick Children.

The Toronto Hospital for Sick Children Alumnae Association.—President, Miss L. L. Rodgers; Cor. Sec., Miss C. Cameron, 207 St. Clarens Ave.

The Toronto Riverdale Isolation Hospital Alumnae Association. — President, Miss Mathieson; Secretary, Miss Annie Day, 86 Maitland St.

The Toronto St. Michael's Hospital Alumnae Association.—President, Miss Connor; Secretary, Miss O'Meara, 596 Sherbourne St.

The Toronto Western Hospital Alumnae Association.—President, Mrs. Valentine; Cor. Sec., Mrs. MacConnell, 125 Major St.

The Winnipeg General Hospital Alumnae Association. — President, Miss Hood; Secretary, Miss M. F. Gray, General Hospital.

The Vancouver Graduate Nurses' Association.—President, Miss Hall; Secretary, Miss Ruth Judge, 811 Thurlow St.

The Vancouer General Hospital Alumnae Association.—President, Miss J. G. Hart; Secretary, Miss M. Wilson, 675 Twelfth Ave. W.

The Victoria Trained Nurses' Club—President, Miss G. H. Jones; Secretary, Miss H. G. Turner.

The Florence Nightingale Association, Toronto.—President, Miss M. A. McKenzie; Secretary, Miss J. C. Wardell, **113 Delaware Ave.**

Nicholl's Hospital Alumnae Association, Peterboro. — President, Miss Dixon; Secretary, Miss B. Mowry, Supt. Queen Mary Hospital.

The Canadian Public School Nurses' Association. — President, Miss L. L. Rogers, R.N.; Secretary, Miss E. M. Macallum, 169 Carlton St., Toronto.

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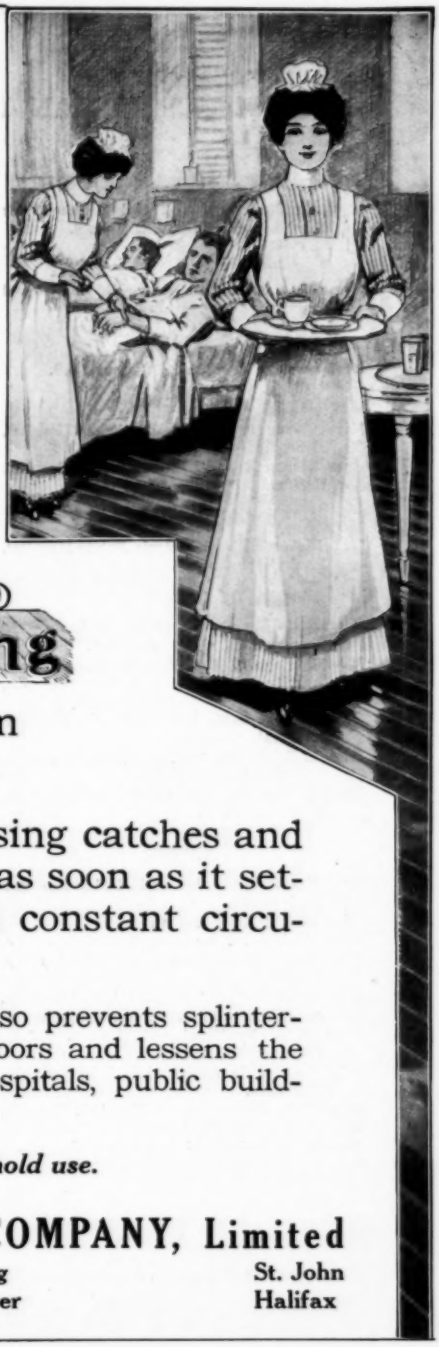

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